

# **HBDI**<sup>®</sup> Assessment Overview

The Herrmann Brain Dominance Instrument® (HBDI®) is a powerful diagnostic tool designed to understand individual thinking preferences, enhance self-awareness, and foster better communication and collaboration within teams and organizations.

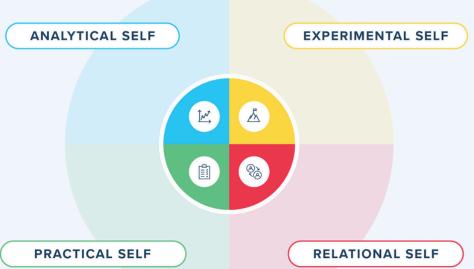


### **Key Components of the HBDI® Assessment**

The HBDI® assessment measures thinking preferences across four distinct quadrants, each representing a unique cognitive style:

- Analytical thinkers excel in logical reasoning, critical analysis, and quantitative tasks.
- They are detail-oriented, data-driven, and focus on facts and figures, making them skilled at analyzing problems, troubleshooting, and conducting research.

- Experimental thinkers are bigpicture, strategic, and imaginative.
- They excel at creative problemsolving, innovation, and envisioning future possibilities, focusing on the "why" and "what if" questions.



- Practical thinkers emphasize organization, sequential thinking, and implementation.
- They prioritize efficiency, structure, and reliability, preferring step-by-step processes and focusing on the "how" of a task.

- Relational thinkers value empathy, interpersonal connections, and understanding others' feelings.
- They are excellent communicators who focus on teamwork, collaboration, and the "who" aspects of a project or decision.

#### **Benefits of the HBDI Assessment**

The HBDI® helps individuals and teams develop a Whole Brain® Thinking approach, recognizing that balanced thinking—leveraging strengths from all quadrants—leads to more effective decision-making, problem-solving, and communication. Key benefits include:

- Enhanced Self-Awareness: Individuals gain insights into their own thinking preferences, strengths, and potential areas for development.
- Improved Communication: Teams better understand each other's cognitive styles, leading to more effective collaboration, fewer misunderstandings, and improved workplace dynamics.
- Better Problem Solving: By recognizing diverse thinking styles, teams can approach challenges with multiple perspectives, leading to innovative solutions and thorough analysis.
- Increased Adaptability: Understanding and valuing different thinking preferences allows individuals to adapt their style to various contexts, improving leadership and management capabilities.

#### The HBDI® is Not a One-And-Done Assessment

The HBDI® is more than an assessment; it is a catalyst for personal and organizational growth. By understanding and embracing diverse thinking preferences, individuals and teams can communicate more effectively, make well-rounded decisions, and drive sustainable success.

## **The Preferred Enterprise Assessment**

The HBDI® assessment is widely used across industries for leadership development, team building, conflict resolution, and enhancing workplace culture. By cultivating Whole Brain® Thinking, organizations can unlock employees' full potential, increase productivity, and create a more cohesive, resilient work environment.







